

INSTRUCTION

Health, Family Life, and Sex Education

Elementary and secondary students shall be provided instruction in health, wellness, personal safety, family life, sex education and human sexuality. Such instruction may be included in the instructional program as appropriate to the grade level and course of study. Only approved curriculum materials may be used in the instruction of sex education and human sexuality.

Parents and community groups shall be involved in the planning, development, evaluation, and revision of any instruction in sex education and human sexuality offered as a part of the school program.

Parents may review the materials to be used and after viewing the curriculum and materials may request in writing that their child be excluded from sex education or human sexuality classes. The superintendent shall distribute forms to parents who wish to exercise this right. Students who are excused shall be provided alternative health education opportunities.

Legal Reference: [WAC 180-50-140](#) Sex Education--Definitions--Optional Course or
Subject Matter--Excusal of Students

Adopted: April 28, 1993