






**Kennewick S.D. Middle Schools
November 2011**



	Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast \$1.40 Reduced: Free Lunch \$2.50 Reduced: \$.40		1 Beef Soft Taco	2 Teriyaki Burger	3 Chicken Noodle Soup	4 Hot Dog on a Bun
	7 Rib B-Que	8 Chicken Soft Taco	9 Hot Ham & Cheese	10 Chili Fritos Supreme	11 No School
	14 Orange Chicken	15 Teriyaki Dippers	16 Breakfast Burrito	17 Turkey Gravy	18 Early Release
	21 Early Release	22 Early Release	23 Early Release	24 Thanksgiving Break	25 Thanksgiving Break
	28 Bean&Cheese Burrito	29 Sloppy Joe	30 Chicken Nuggets		
	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches
	Pepperoni Pizza Cheese Pizza Taco or Chicken Garlic Pizza	Pepperoni Pizza Cheese Pizza Sausage Pizza	Pepperoni Pizza Cheese Pizza Supreme Pizza	Pepperoni Pizza Cheese Pizza Sausage Pizza	Pepperoni Pizza Cheese Pizza Hawaiian Pizza
	One of the “build your own” variety bars is available everyday...				
	Make your own crispy salad from fresh ingredients including romaine or iceberg lettuce, lean chicken or turkey ham, grated low fat cheeses, and a medley of garden fresh vegetables.	Build your own sandwiches on Hoagie Rolls baked fresh in our kitchen. Choose from lean turkey, tuna salad, turkey ham, a variety of cheeses, and a market basket of garden fresh veggies. Week of .			
	Everyday a garden variety of produce is available to accompany your lunch—you choose what you want and how much! Among the choices are fresh fruits, garden fresh greens.	WHAT COMES WITH A COMPLETE MEAL? Every day all lunches come with an entrée and at least one other item. Other items include a variety of fresh & canned fruit, 2-3 kinds of veggies, a side salad and fat free or low fat milk.			
Milk	A variety of milk is available with each meal.		<small>In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, natural origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</small>		