






**Kennewick S.D. Middle Schools  
September 2011**



	Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast \$1.40 Reduced: Free  Lunch \$2.50 Reduced: \$.40		8/30 Burrito	8/31 Teriyaki Burger	1 Italian Chicken Sandwich	2 Hot Dog on a Bun
	5 No School	6 Chicken Soft Taco	7 Teriyaki Dippers	8 Chili Fritos	9 Crunchy Nachos
	12 Chicken Cordon Bleu	13 Macaroni & Cheese	14 General Tso's Chicken	15 Enchilada	16 Lite Turkey Wrap
	19 Mandarin Chicken	20 School Burger	21 Breakfast Burrito	22 Turkey Gravy	23 Meatball Sub
	26 Turkey Corn Dog	27 Spaghetti	28 Baked Chicken Nuggets	29 Sloppy Joe	30 Turkey Chili Dog
	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches
	Pepperoni Pizza Cheese Pizza Taco or Chicken Garlic Pizza	Pepperoni Pizza Cheese Pizza Sausage Pizza	Pepperoni Pizza Cheese Pizza Supreme Pizza	Pepperoni Pizza Cheese Pizza Sausage Pizza	Pepperoni Pizza Cheese Pizza Hawaiian Pizza
	Make your own crispy salad from fresh ingredients including romaine or iceberg lettuce, lean chicken or turkey ham, grated low fat cheeses, and a medley of garden fresh vegetables.		Build your own sandwiches on Hoagie Rolls baked fresh in our kitchen. Choose from lean turkey, tuna salad, turkey ham, a variety of cheeses, and a market basket of garden fresh veggies. Week of 9/12.		
	Everyday a garden variety of produce is available to accompany your lunch—you choose what you want and how much! Among the choices are fresh fruits, garden fresh greens.		<b>WHAT COMES WITH A COMPLETE MEAL?</b> Every day all lunches come with an entrée and at least one other item. Other items include a variety of fresh & canned fruit, 2-3 kinds of veggies, a side salad and fat free or low fat milk.		
<b>Milk</b>	A variety of milk is available with each meal.		<small>In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, natural origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</small>		